

2008 SMC Family Camp Menu

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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast		Scrambled Eggs with Cheese Bacon Wheat Toast Bananas/Grapes Choice of Cereal	Megan's French Toast Casserole Banana/Orange Slices Choice of Cereal	Ham & Cheese Pockets (Homemade) Bananas/Apples Choice of Cereal	Build Your Own Breakfast Wrap* Picante Sauce Bananas/Pineapple Choice of Cereal	Sausage Gravy Biscuits Bananas and/or Strawberries Choice of Cereal	Apple/Cinnamon Crisпитos Sausage Links Fresh Fruit Choice of Cereal
Lunch		Chicken & Noodles Mashed Potatoes Green Beans w/ Bacon Bits Applesauce White Roll	Sloppy Joes Mac & Cheese Corn Fresh Apples - sliced Brownies	Sweet & Sour Pork Rice Pilaf Broccoli and Cauliflower w/cheese Pineapple Carmel Roll	Beef & Rotini With sauce Tossed Salad Fresh Grapes Bread Sticks	Beef Fajitas (Beef strips, cheese, shredded lettuce, diced tomatoes, cooked onions & green peppers) Refried Beans Melon Peach Cobbler With topping	
Supper	Cook Out Cheeseburgers Sesame Seed Buns Baked Beans Doritos Watermelon Cantaloupe Mixed Salad Ice Cream Sand. (Or Homemade Ice Cream)	Taco Salad Fresh Orange Slice Tapioca Pudding Sugar Cookies	Cook Out Hot Dogs (All beef) Sun Chips Grape Tomatoes Chocolate Swirl Ice Cream Cup	Turkey/Swiss on Whole wheat bun Potato Chips Celery with Peanut Butter Cherry Bananas	Chef Salad Mac & Cheese Cooked Apples Vanilla Ice Cream Cup	Cook Out Hamburger Steaks "Garlic" Potatoes Tossed Salad Strawberry- Banana/Pineapple e Salad Roll	

Please write here of any food allergies or comments you might have. Thank you!

Drinks Included: Breakfast – Coffee, Juice, and Milk Lunch and Supper – Tea, Kool-Aid, and Water

*(Choices for Build Your Own Breakfast Wrap are scrambled eggs, sausage crumbles, green peppers, onions, diced ham and cheese)